

The Cave

Treatment Sheet

By

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Cast:

Hollie Boynton-Briggs - Girl

Plot Overview and Reasons

The Cave is about a young woman suffering with depression. We follow her last day alive and see inside her psyche, eventually following her to her death. The pace of the music is very erratic and sounds quite dark, and this is part of what inspired the video.

The second inspiration is Plato's Allegory of the Cave. Plato's Allegory is that there is a cave with a small tunnel of light leading out and hundreds of human beings tied up so that they can't move.

One day, one of the prisoners manages to break free and begins to figure out what's going on. It takes a while for his eyes to adjust, but gradually, he sees that there is a much brighter speck of light at the end of another tunnel. He follows it and sees how amazing and beautiful the real world looks to him compared to that two-dimensional, dark cave he's spent all his life in.

Feeling sorry for all his fellow prisoners, the freed prisoner goes back down and explains to everyone that they're all trapped in this massive cave, and everything they think is real is an illusion, but no one believes him, as looking at the sun has turned him blind.

We see Plato's Allegory in that the girl's depression is the cave, and we follow her through the day as she finally manages to face the outside world (breaking free of the cave) but in the end she knows she will never have a day as beautiful as she has had, so she puts stones into her pockets and walks peacefully into the sea until she disappears.

Technical Information

Pan:

Empty beach after girl's death

Close Up:

As girl wants to leave house but can't decide

Canted Angle:

As girl is putting stones in her pockets

Low Angle Shot:

As girl walks into sea

Long Shot:

Girl alone in empty house

Mid Shot:

Girl sleepless in empty room

Tripod:

Empty beach after girl's death

Costumes:

Long coat with big pockets

Modern dress, dark coloured

Hair pulled back

Props and Locations:

Props:

Stones

Location:

House

Seaton Beach



Audience

The Cave will be aimed at fans of indie music, particularly Mumford and Sons. The video should also appeal to a wider audience, as I plan to give it a cinematic feel.